

Hawk Talk

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GRADE 6 HOLIDAY CONCERT BAND, FIDDLE, GUITAR & CHOIR

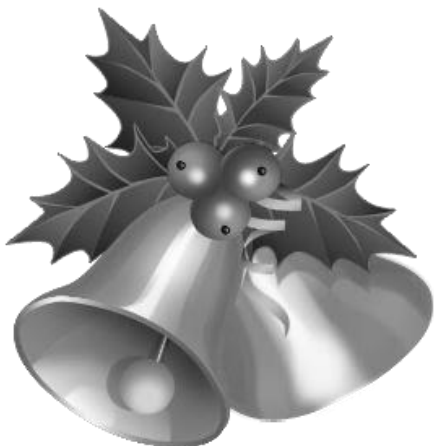
DEC 5TH 7:00 PM
ÉSOMS GYM

Our Grade 6 Holiday concert is on Wednesday, December 5th at 7:00 PM in the ÉSOMS Gym! We look forward to a festive evening of music! We will feature songs from our Grade 6 Concert Band, Fiddlers, Guitar Class and Choir. Rehearsals will take place during the afternoon on Dec. 5th.

Parents please note:

- * Dress is white shirt (no logos please) and dark pants.
- * All students are asked to arrive in the gym ready to perform by 6:30 pm.
- * Band students shall have their instruments with them in the gym at that time.
- * Violins will be ready in the gym on tables for the fiddlers.
- * Guitars will be ready in the gym on tables for the grade 6 guitar TAS students from term 1.
- * Students may bring up to 4 guests maximum.
- * Admission is FREE.

We look forward to seeing everyone there!



IMPORTANT DATES

| | |
|--------------------|---|
| December 4 | Parent Advisory Council 6:30 pm – staffroom |
| December 5 | Winter Holiday Concert 7:00 pm – Gym |
| December 21 | Last day of classes |
| January 7 | Classes resume – Day 1 |
| January 8 | Parent Advisory Council 6:30 pm – staffroom |
| February 4 | School PD – No Classes |
| February 5 | Parent Advisory Council 6:30 pm |
| February 18 | Louis Riel Day – No Classes |
| March 4 | Winter Activity Day |
| March 5 | Parent Advisory Council 6:30 pm |
| March 6 | Spring Band Concert 7:00 pm – Gym |
| March 8 | Student reports go home |
| March 12 | Parent/Teacher/Student Conferencing – Evening |
| March 14 | Parent/Teacher/Student Conferencing – Evening |
| March 15 | Parent/Teacher/Student Conferencing – No Classes |
| March 14–15 | Brandon Jazz Festival |
| March 22 | Last day of classes before Spring Break |
| April 1 | Classes resume after Spring Break – Day 1 |
| April 2 | Parent Advisory Council 6:30 pm |
| April 4 | Open House – 7:00 pm |
| April 16, 17, 18 | Musical Production – 7:00 p.m. |
| April 19 | School PD – No Classes |
| May 6 | School PD – No Classes |
| May 7 | Parent Advisory Council 6:30 pm |
| May | Band Trip (Date TBA) |
| May 20 | Victoria Day – No Classes |
| June 4 | Parent Advisory Council 6:30 pm |
| June | Choral Concert (Date TBA) |
| June 26 | Grade 8 Farewell Evening 6:00–11:00 Location TBA |
| June 27 | Administration Day – No Classes |
| June 28 | Last Day of Classes |

PARENT ADVISORY COUNCIL

TUESDAY, DECEMBER 4TH

6:30 PM

SUPPORTING YOUR CHILD IN FRENCH IMMERSION

Parents often ask how they can support their child's learning in the French Immersion Program. While a parent may have no personal knowledge of the French language, it is important that they demonstrate to their child the value of language learning. This can be done by providing resources in French or by accompanying the child in activities in French. Some suggestions for parental involvement are:

- watching a French television show or movie
- listening to music or the radio
- engaging in cultural activities such as Festival du Voyageur; Festival Manipogo
- going to a French restaurant
- taking trips to the library to borrow French resources
- visiting a French bookstore
- arranging a family to trip to a French-speaking destination

Adapted from *French Immersion in Manitoba: A Handbook for School Leaders* (Manitoba Education, Citizenship and Youth, 2007).

BREAKFAST PROGRAM

We are pleased to share that ÉSOMS is offering breakfast every morning from 8:00 to 8:20am. Breakfast is available to every ÉSOMS student who needs to have breakfast at school. We offer a simple, nutritious menu of cereal and toast, available free of charge from the canteen.



Healthy eating is essential to learning. We are grateful that we can assist our students in starting their day with the nutrition and energy that they need to be engaged and successful.

Crib Club

Hey everyone!! My class and I (Room 31) are starting a crib club. It's an easy but challenging game. We have all the supplies for it so no worries about that. I promise you crib club will be fun and cool. Also wouldn't it be cool if you had a chance to learn a game you possibly never heard of? Come socialize and meet new people and new friends. Crib club will be on Friday's only during lunch (11:35). Well thank you for reading this article and I hope you come and join us!!

Fridays at 11:35

Room 31

All Welcome!

MANITOBA YOUTH HEALTH SURVEY

The Seven Oaks School Division has agreed to participate in the Manitoba Youth Health Survey (YHS). The survey asks students about various health behaviours in order to provide schools and RHAs with local level information for program planning and development.

What is the Youth Health Survey (YHS)?

- The Manitoba Youth Health Survey (YHS) was first implemented province-wide in 2008.
- The purpose of the YHS is to provide a snapshot of youth health.
- The information gathered from the survey is valuable for health planning and programming within your own school and community.
- Manitoba Education is also using the YHS information on physical activity levels as part of an ongoing evaluation of its mandatory Grade 11 & 12 physical education/health education curriculum.

Who will participate?

All youth in grades 7-12.

When will the YHS take place?

ÉSOMS will participate on January 15, 2013.

Partners

- Winnipeg Regional Health Authority (WRHA)
- Seven Oaks School Division
- Partners in Planning for Healthy Living (<http://partners.healthincommon.ca>)



About the Survey

- 30-40 minutes to complete - during class time (typically all students will complete the survey on same day and time)
- Multiple choice questions on physical activity, healthy eating, smoking, alcohol, substance abuse, school connectedness, mental health, injury prevention, sleep patterns, sun/UV exposure, sexual health and grade 11 & 12 physical education/health education curriculum.
- The survey answers provided by students will be protected and confidential. Participation by students is voluntary. You will receive a letter informing you of the survey and the process that allows you to opt out your child from participation if you chose.
- Student code information that is collected during the YHS will be used in the future to connect the YHS dataset to other datasets (such as provincial Early Child Development data) or to connect the 2012 YHS with future YHS datasets. This will only be done in a secure environment and only for projects that are approved by relevant research authorities (ie. University of Manitoba Ethics).
- Schools & school divisions will receive feedback reports containing the results for their youth.

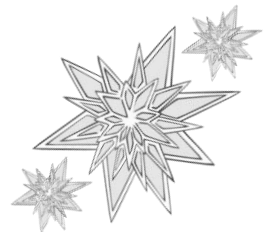
Contact Person

If you have any questions, please don't hesitate to contact Leanna Loewen, Vice Principal at leanna.loewen@7oaks.org or at (204) 586-0327.

REMEMBRANCE DAY AT ÉSOMS



On Friday, November 9th, students and staff gathered in the gym to attend a ceremony in honour of Remembrance Day. Students paid tribute to veterans and gave messages of peace and hope through the arts. A special thank you to Quinton Delorme for sharing *In Flanders Fields*, to SO Bop and SO Vocal for their songs of hope, to The Incredibows for their gift of music, to the Grade 6 students who shared their ideas for peace and to our Grade 8 dancers from Mme Joni's and Mme Laurie's class who expressed their message of hope through dance.



WE DAY 2012

Some of your fellow students got to experience a once in a life time show filled with emotional stories and musical performances by some of the world's amazing Change Makers at this year's annual We Day. The day is all about celebrating how far social justice has come and looking towards the future at a world where equality isn't just a word, it's the truth. But we can't just look towards the future, we must take action because we are not just the future politicians, fireman, lawyers, etc.. We are the children of the present and we must take action for a better world; one that we want our children to grow up in and our children's children.

Some of the musical groups included All Star Weekend, Lights and Victoria Justice. Some of the amazing speakers that were there included Mikhail Gorbachev, Emily Burk, Kevin Chief, Hanna Taylor and Spencer West. When I first heard I was going to We Day I was honestly excited for the music, but when it ended, the speakers were all I could talk about!

You cannot just buy a ticket to We Day, you have to earn a ticket to We Day. So if you want the chance to go next year, try helping out in the community. You can volunteer at the local food bank, donate some old clothes or even something as simple as picking up garbage that you see lying around our school.



A DANCE PERFORMANCE TO REMEMBER



On Thursday, November 28, students at ÉSOMS had the amazing opportunity attend a performance of the Professional Division of the Royal Winnipeg Ballet in our very own gym. Concert Hour Ballet, a one-hour narrated dance performance, provided us with the perfect introduction to a variety of dance forms and offered a wonderful opportunity to see dancers up close. It was an amazing experience to have the RWB dancers share their athleticism, strength, grace and artistry.

WINTER TRIVIA...

From which country does the poinsettia originate?

Who sings and narrates the well-known 1964 NBC animated musical "Rudolph the Red-Nosed Reindeer"?

What visions danced in the heads of sleeping children in "Twas the Night Before Christmas"?

Who wrote the music for the Nutcracker Suite?

What is the third best selling Christmas Song?

What is the age range of the kids mentioned in "Chestnuts Roasting in an Open Fire"?

What is the only major Christmas ballet?

How many "La's" are there in one verse of "Deck The Halls"?



IN THE GYM....

PHYSICAL EDUCATION CLASSES

Throughout the month of November students completed a basketball and a broomball unit, learned about the health-related and skill-related fitness components and completed their monthly run.

*A reminder: your child will be participating in outdoor physical education classes. Please help remind your child to bring warm clothes for the outdoors!

LEADERSHIP

Students will be preparing for the upcoming spirit week events.

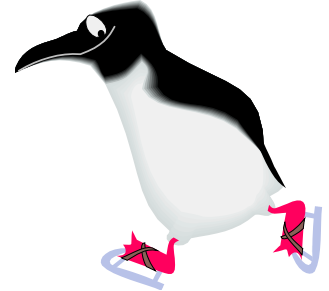
SPECIAL OLYMPICS

On December 5th, The Special Olympic athletes will be participating in a Basketball Skills Competition.

EXTRACURRICULAR

Volleyball: We would like to thank all of the participants for their efforts and being great representatives for ÉSOMS! We would like to say a special thank you to all of the volunteers for their time and effort in providing all of the student athletes a fun atmosphere to learn and play: Mr. Serzu, Mr. Farmer, Mr. Barkman, Mr. Malaschuk and Mrs. Cassils! Thanks for another great season!

Basketball: Evaluation clinics have started. Teams will be assigned over the next week. Check the school website for practice schedules!



MUSIC NOTES...

FUNDRAISING

Our next fundraiser is DOUBLE D CHEESCAKE! This will run from Dec 3-18. Full details will be on the order forms to follow.

PRACTICING

Parents are reminded that all band students are required to practice at home for a minimum of 20 minutes each session 3 times per week. Students should spend 5 minutes warming up their instrument (just as we do in class) and the next 15 minutes or more on the music or method book as assigned during class.

From the Classrooms

MUMMIFYING A CHICKEN

Hey ÉSOMS! Ms.Conner's grade 8 class (Room 31) is starting our Egypt unit. One interesting thing in this unit is mummies. So we decided to mummify a chicken! But only a store bought chicken. Basically we put a chicken in salt and put it in a box. Every 7-10 days students have to change its salt. I was a volunteer to help change him, and let me tell you, it was stinky and GROSS! It was yellow and rotten, and it was cold so all the supplies kept blowing away and it was making it harder! I hope this doesn't keep you from trying it at your house, because it is really fun, just stinky. Wish us luck for our class not stinking up from the chicken! Sarina

In Ms.Conner's class we are starting our Egypt unit, and we started by mummifying a chicken. When we started to mummify the chicken we had to put salt and baking soda inside the chicken, and then we put the chicken in a zip lock bag and put salt, baking soda and powdered bleach in the bag around the whole chicken....every 10 days we take the chicken outside and put new salt, flour and powdered bleach in the zip lock bag. After the ten days, the chicken was yellow and it did stink but that's what the powdered bleach is for. If you want to check out the chicken you can come to our room (room 31). Braxton



MRS. CERVANTES / MR. KIRKPATRICK - ROOM 15

Green

by Pauline

Green is as green as a field of grass I like to play in;
Green is as green as leaves on a bush that I can hide behind;
Green is as green as an apple in the store that I like to eat;
Green is as green as emeralds glowing on my necklace;
And green is as green as a cold ice cream flavoured pistachio that I like to lick.



Orange

by Reese

Orange is like playing a nice game of basketball with friends;
Orange is like me eating fuzzy peaches and ice cream;
Orange is like me carving a pumpkin at home for Halloween;
Orange is like watching a lion roar on TV;
And orange is like me eating "Reese's" Pieces at the end of the day.

Teal

by Brenden

Teal is like the water from the ocean that I would like to surf on;
Teal is like a blue balloon in the sky I would see;
Teal is like me riding a dolphin in the Caribbean;
Teal is like me painting the sea;
And teal is like me having a big cabin on the river.



EXTENDED DAY GROWTH EDUCATION

GREAT IN-DOOR WINTER ACTIVITIES!

EDGE once again will be offering a variety of after school activities. Participation begins after regular classes **and in most cases** - right in their own school! Parents and students who are looking to fill the gap between school and the supper hour can check out the affordable programs offered by **EDGE**. Courses like the Babysitter Certificate Program and Teen Club are regularly offered along with art programs and a variety of special interest courses as well.

Registration booklets and forms will be available right *after the Holiday Break*. Programs will begin the *week of January 28th to spring break*. The courses are fun and educational, but spaces are limited. So...don't delay, register as soon as possible to ensure participation in **EDGE** programming at your school.

You can pre-view the activities on the Seven Oaks School Website! Scroll down to Students - find **EDGE** and you can see your school registration booklets and all registration materials. There is even an **EDGE** calendar of events available when you click on your school. Information will be made available during the holiday break.

EDGE wishes everyone a safe and happy holiday!

Questions? Contact Penny Raymond, EDGE Coordinator at: 204-885-4333 or Email: penny.raymond@7oaks.org

KYAC

Guitar program starts up this month! Tuesday nights @ ÉSOMS from 6-8pm
Beginners: 6-7pm Advanced 7-8pm

IMPORTANT DATES

December 22nd - Last Day of KYAC!
Winter Break Hours:
January 2nd, 3rd and 4th - 12-5pm @ ÉSOMS
January 7th - Regular hours resume

We are looking for parent representatives on the KYAC board council, email us!
Have a suggestion for KYAC programming?? Let us know!

Register w/ KYAC - Email us kyac@7oaks.org for more details!**
ALL ARE WELCOME!

Subject to cancel if there are not enough participants

For more information, contact Pierre Feng, KYAC Program Coordinator, at 586-0327 or by email at pierre.feng@7oaks.org.

December 2012

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|----------------------------------|----------|---------------------------------|---|--|---|--|
| | | | | |  | |
| 2 | 3 Day 4 | 4 Day 5 | 5 Day 6 | 6 Day 1 | 7 Day 2 | 8 |
| | | P.A.C. 6:30 pm | Grade 6 Holiday Winter Concert 7:00 pm Gym | | | |
| 9 | 10 Day 3 | 11 Day 4 | 12 Day 5 | 13 Day 6 | 14 Day 1 | 15 |
| Chanukah Begins | | | | | | |
| 16 | 17 Day 2 | 18 Day 3 | 19 Day 4 | 20 Day 5 | 21 Day 6 | 22 |
| | | | | | Last day of classes | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Happy Holidays | | | |  | | Classes Resume Jan 7th Day 1 |